**Online Supplement for GPSII/MAPP Leader’s Guides**

**Meeting 4**

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| **Advance Preparation**   * Insert Rules of The Road slide from Meeting 1. * Prepare to keep notes of Parking Lot issues or questions. * Prepare to show the video, *“Keema”*. Optionally, leaders can share a link to the video and ask the participants to view it before the meeting. * Email fillable “*Strengths/Needs Worksheet - Meetings 3 and 4”* along with Meeting 4 handouts. Explain to participants they will complete the worksheet after Meeting 4 and email it back to the leaders before Meeting 5. * Prepare an anonymous survey using software such as SurveyMonkey for Leader Feedback. |

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| **Activity** | **Pages/Process Points in GPSII/MAPP Leader’s Guide (LG)**  **\*Denotes Modification** | **Slides** |
| **Activity A**  Introduction to Meeting 4 | (LG p. 4-11)  #1-2 Welcome group and discuss mutual selection issues  **\*Show Rules of the Road slide created from Meeting 1**  #3-4 Review Meeting 3 and discuss groups thoughts on strengths and needs  **\*Use the Twelve Skills for Successful Fostering and Adopting slide to connect the group’s answers to the skills**  #5 Review Meeting 4 **Handout 1,** *Agenda*  **\*Show handout screenshots**   * **Encourage participants to follow along in their handouts**   #6 Play the “Keema” video and process questions  **\*Use slide #9 to process the questions in a group discussion**  #7 Summarize the articles and bridge to the next activity | 1. Program title 2. Meeting title 3. License Rights 4. Rules of the Road placeholder 5. Twelve Skills   6-7. **Handout 1,** *Agenda*   1. Keema video Placeholder 2. Questions for Keema Video |
| **Activity B**  Building Positive Attachments | (LG p. 4-18)  #1-2 Refer to **Handout 2**, *“Basic Needs Human Needs”* and state the purpose of the activity  #3-9 Discuss each of the five need categories  #10 Read “Definition of Attachment”  **\*Leader can choose between two versions: words or graphics**  #11 Refer to slide “Why Attachment is Important to Children” and explain how attachment affects children’s overall well-being  #12 -19 Discuss **Handout 3**, *“The Cycle of Need: Attachment”*  **\*Use slide #15 to explain the Cycle of Need then ask what words go inside the cycle**   * **Co-leader can annotate the words “Trust, Attachment, Secure” inside the cycle**   **or**   * **Use slide #16 with the words filled in**   #20 -21 Discuss “The Cycle of Need: Mistrust”  **\*Use slide #17 to explain the Cycle of Need then ask what words go inside the cycle**   * **Co-leader can annotate the words “Insecure, Mistrustful, Unloved” inside the cycle**   **or**   * **Use slide #18 with the words filled in.**   #22 Bridge back to “Anton” case examples illustrate the unhealthy attempts to meet needs.  **\*Use slide #19**  #23 Bridge back to “Lillie” case example to illustrate the unhealthy attempts to meet needs.  **\*Use slide #20**  #24 Bridge back to Twelve Skills for Successful…  #25 Explain how children attach even with intermittent reinforcement  #26 Refer to **Handout 4**, *“Attachment Tasks of Foster and Adoptive Parents”*  #27-28 Summarize and bridge to the next learning activity | 10. **Handout 2,** *“The Basic Human Needs”*  11-12. Definition of Attachment (two versions)  13-14. Why Attachment is Important to Children  15. **Handout 3,** *“The**Cycle of Need: Attachment”*  16. Cycle of Need: Attachment (words inside)  17. Cycle of Need: Mistrust  18. Cycle of Need: Mistrust (words inside)  19. Anton  20. Lillie  21. Twelve Skills  22. **Handout 4,** *“Attachment Tasks of Foster and Adoptive Parents”*  23. Summary Questions |
| **Activity C**  Promoting, Rebuilding and Supporting Attachments | (LG p 4-35)  #1 Review definition of attachment and explain the purpose of the String Activity  #2-7 Conduct the String Activity  **\*Use Slides #26 to #30 to narrate the activity instead of using volunteers**   * **Ask all participants to place themselves in Foster Parent role** * **Instead of asking the foster parent to cut the string (as in Leader’s Note on 7), the leader tells the group that Foster Parent will “try to cut out the parent”**   #8-10 Summarize the learning points  #11-13 Explain how the child’s acceptance of abuse or neglect can increase negative behavior of the child  #14 Review Cycle of Mistrust  #15-21 Refer to **Handout 5**, *“The Positive Interaction Cycle”*  #22-23 Summarize and bridge to the next activity | 24-25. Definition of Attachment (two versions)  26-31. String Activity Slides (5 slides)  32. Cycle of Need: Mistrust  33-34. **Handout 5**, *“The Positive Interaction Cycle”* |
| **Activity D**  An Imaginary Journey | (LG p 4-47)  #1-7 Conduct the imaginary journey process  **\*For #3, explain the risk and options for participation**   * **Instead of leaving the room the participants can turn their video off but still stay and listen. This would indicate to the leader not to call on that person for answers during the activity**   #9 Ask group “What helps us to reduce pain and attach?”  **\*Co-leader annotates group’s answers on the slide**  #10-11 Summarize and bridge | 35. What helps us to reduce pain and attach? |
| **Activity E**  Building Skills to Promote, Rebuild and Support Attachments | (LG p 4-61)  #1 Bridge back to the Twelve Skills and introduce activity  #2 Refer **to Handout 6,** *“Promoting, Building, Rebuilding and Supporting Attachments- Three Case Examples”*  **\*Modification: Ask participants to follow along with their Handout 6**  #3 Small group activity  **\*For time management, prioritize the case examples in this order: Karen, Jenny, then Joey**  **\*Modification A (shorter)**   * **Ask a volunteer to read out loud “Karen” case example and process the questions in large group** * **Do the same with “Jenny” case example** * **Assign “Joey” case example as roadwork**   **\*Modification B (longer)**   * **Conduct “Karen” case example in large group** * **Divide the group in half** * **Ask a volunteer to read “Jenny” case example and ask the first half of the group to answer** * **Ask a volunteer to read “Joey” case example and ask the other half of the group to answer**   #8 Summarize the three factors that affect attachment  **\*Use slide #43 with the 3 factors listed**  #9 Ask participants to summarize learning points  #10 Bridge to closing of meeting | 36. Twelve Skills  37-42. **Handout 6**, *“Promoting, Building, Rebuilding and Supporting Attachments- Three Case Examples”*  43. Three Factors that Affect Attachment |
| **Activity F**  Summary of Meeting 4 and Preview of Meeting 5 | (LG p 4-73)  #1-2 Ask group to summarize key learning points  #3 Assign **Handout 7,** *“Strengths/Needs Worksheet”* and Leader Feedback Form  **\*If using Leader Feedback Form, consider using online survey tools such as SurveyMonkey to keep it anonymous**  #4 Assign Roadwork  #5 Preview Meeting 5  #6 Share PIP  #7 Adjourn meeting | 44. Twelve Skills  45. **Handout 7,** *“Strengths/Needs Worksheet”*  46. Roadwork  47. PIP |